

### 10<sup>th</sup> Annual Spine Trauma Summit

Friday, November 22 & Saturday, November 23, 2024

#### **AGENDA**

#### FRIDAY, NOVEMBER 22, 2024

6 p.m. Registration and Pizza

6:25 p.m. Welcome, Introductions & Course Overview

6:30 p.m. Case Controversies & Discussions

Moderator: Jens R. Chapman, M.D.

Presenters: Mark Kraemer, M.D., & Colin Gold, M.D., Clifford Pierre,

M.D.

**Objectives:** 

• Illustrate the physiologic effects of trauma on the spine

• Identify surgical considerations in trauma situations

• Outline merits of various treatment options

7:30 p.m. Gitcha Game On!

Robert McGuire, M.D., FAAOS

**Objectives:** 

• Describe key mechanisms of spine trauma

• Enhance clinical decision-making in spina trauma cases

8 p.m. Adjourn

1

#### **SATURDAY, NOVEMBER 23, 2024**

7 a.m. Registration, Breakfast & Exhibits

7:25 a.m. Welcome, Introductions & Course Overview

Jens R. Chapman, M.D.

#### **Session 1: Thoracolumbar Spine**

### 7:30 a.m. Thoracolumbar Burst Fractures - Past, Present and Future - A Lifetime Experience

Robert McGuire, M.D., FAAOS

#### **Objectives:**

- Review the evolution of thoracolumbar burst fracture management
- Explore future directions in burst fracture treatment

#### 8:00 a.m. The McCormick Classification: A Critical Review

Ashraf El Naga, M.D., FAAOS

#### **Objectives:**

- Discuss the McCormick classification system
- Apply the McCormick classification in clinical contexts

#### 8:20 a.m. Q&A

### 8:30 a.m. Spinous Process Fractures: Identifying Bad Actors & Flexion Distraction Injuries

David Gendelberg, M.D., FAAOS

#### **Objectives:**

- Identify key characteristics of flexion distraction injuries and spinous process fractures
- Apply diagnostic criteria to enhance treatment decisions

#### 8:50 a.m. Q&A

#### 9 a.m. Debate Panel - Multilevel T Fractures - Go Big or Selective

Moderated by: Jens Chapman, M.D.

#### **Objectives:**

- Evaluate approaches to multilevel spine fracture management
- Apply evidence-based criteria for treatment selection

#### 9:30 a.m. Live Broadcast Demonstration from BioSkills Lab No. 1

Posterior Cervical Thoracic Junction: Decompression & Instrumentation Techniques

Robert McGuire, M.D., FAAOS

#### **Objectives:**

- Describe atomic peculiarities of the CT region
- Describe instrumentation challenges
- Share tips and tricks on how to perform safe instrumentation from posterior and posterior lateral

#### 10:00 a.m. Break, Exhibits & Roving Reporter

#### **Session 2: Lumbosacral Spine**

## 10:20am Cement Augmentation or not for Osteoporotic Facture Care. Point - Counterpoint

Amir Abdul-Jabbar, M.D. & David Gendelberg, M.D., FAAOS

#### **Objectives:**

- Describe the role of cement augmentation in osteoporotic spine fixation
- Evaluate clinical outcomes and risks of cement augmentation techniques

### 10:40am Summary

#### 10:40 a.m. When do Pelvic Fractures Require a Spine-Based Solution?

Ashraf El Naga, M.D., FAAOS

#### **Objectives:**

- Illustrate criteria for determining surgical leadership in pelvic shear fracture cases
- Define the role of spine surgeon vs. orthopedic trauma surgeons in pelvic shear fractures

#### 10:55 a.m. Q&A

#### 11:00 a.m. Using A Robot in Spine Trauma?

Amir Abdul-Jabbar, M.D.

#### **Objectives:**

- Describe the applications of Robotic Assistance in spine trauma surgery
- Evaluate clinical outcomes and limitations of robotics in spine trauma

#### 11:15 a.m. Q&A

#### 11:20 a.m. Incorporating an MIS Philosophy in Spine Trauma

David Gendelberg, M.D., FAAOS & Ashraf El Naga, M.D., FAAOS **Objectives:** 

- Compare outcomes of percutaneous vs. open fixation techniques
- Identify criteria for selecting percutaneous or open fixation in trauma cases

#### 11:40 a.m. Summary

#### 11:40 a.m. Live Broadcast Demonstration from BioSkills Lab No. 2

# MIS Long-Segment PSF powered by AR Rod Contouring & Cement Augmentation

Ali H. Mesiwala, MD, FAANS

#### **Objectives:**

- Demonstrate the techniques of MIS long segment posterior spinal fixation with AR assisted rod contouring
- Review the role of cement augmentation in strengthening fixation in osteoporotic spine cases

#### 12:10 p.m. Lunch & Exhibits

Product Theatre Sponsored by Neo Medical in the Front Conference Room

Topic: Technical Application of Augmented Reality in Spine

**Trauma Used with NEO Universal PSS**Speaker: Ali H. Mesiwala, MD, FAANS

\*\*This is a Non-CME activity\*\*

### 12:55 p.m. Roving Reporter - Exhibits & Opinions

Live Interviews form the conference

#### **Session 3: Spinal Cord Injury**

# 1:10 p.m. Time is Spine - Rationale for Early Surgery Following Spinal Cord Injury

Christoph Hofstetter, M.D., Ph.D.

#### **Objectives:**

- Discuss the physiological impact of early surgical intervention on spinal cord injury recovery
- Review evidence-based benefits and risk of early surgery in spinal cord injury cases

#### 1:25 p.m. Q&A

#### 1:30 p.m. New classification for SCI - Why and How

Wyatt Ramey, M.D.

#### **Objectives:**

- Discuss the need for a new classification system in spinal cord injury
- Explore the methodology and application of the new SCI classification

#### 1:45 p.m. Q&A

## 1:50 p.m. Using Ultrasound as a Biomarker for SCI & the Rationale for Early Decompression

Christoph Hofstetter, M.D., Ph.D.

#### **Objectives:**

- Review the role of ultrasound as a biomarker in spinal cord injury
- Explore the rationale and benefits of early decompression in SCI management

#### 2:05 p.m. Q&A

#### 2:10 p.m. Swimming Successfully with Sharks 30 mins

Robert McGuire, M.D., FAAOS

#### **Objectives:**

- Develop strategies for managing high risk, high stakes situations
- Review key approaches to handling adverse or challenging interactions

#### 2:40 p.m. Q&A

## 2:45 p.m. <u>Live Broadcast Demonstration from BioSkills Lab No. 3</u> Tips & Tricks for Robot Use in Spine Trauma Care

Amir Abdul-Jabbar, M.D.

#### **Objectives:**

- Master key techniques for effectively integrating robotic assistance in spine trauma surgery
- Troubleshoot common challenges in robotic spine surgery

#### **Session 4: Cervical Spine Trauma**

# 3:15 p.m. Upper Cervical Trauma: The Importance of Avoiding the Occiput in your Fusion

Wyatt Ramey, M.D.

#### **Objectives:**

- Identify the risks of occipital involvement in upper cervical fusion
- Apply techniques to safely avoid the occiput in the upper cervical trauma fusions

#### 3:30 p.m. Q&A

## 3:35 p.m. Jumped Facet Injuries: Initial Management and Choosing a Surgical Approach

David Gendelberg, M.D., FAAOS

#### **Objectives:**

- Identify the clinical and radiological differences between anterior and posterior jumped facet joints
- Develop management strategies for anterior and posterior jumped facet joints

#### 3:50 p.m. Q&A

#### 3:55 p.m. AOD Are We Over Treating It?

Ashraf El Naga, M.D., FAAOS

#### **Objectives:**

- Evaluate the current treatment approaches for AOD
- Access the impact of over treatment on patient outcomes and healthcare resources

#### 4:10 p.m. Q&A

# 4:15 p.m. <u>Live Broadcast Demonstration from BioSkills Lab No. 4</u> Advanced Fixation Techniques for Complex Traumas David Gendelberg, M.D., FAAOS & Ashraf El Naga, M.D., FAAOS

David Gendelberg, M.D., FAAOS & Ashrat El Naga, M.D., FAAOS

- **Objectives:** 
  - Illustrate advanced fixation techniques for complex spinal trauma
  - Apply indications and strategies for choosing the appropriate fixation method

#### 4:45 p.m. Rapid Fire Highlight Panel: (10 minutes each)

Moderated by Jens R. Chapman, M.D.

- 1. Central Cord Syndrome Early vs Late
- 2. Geriatric Odontoids Wait or Fix
- 3. Geriatric Burst Fractures Model Care for the Future

### **Objective:**

• Debate and discuss to gain consensus for ongoing knowledge gaps for the above topics

#### 5:15 p.m. Adjourn

#### **ESTEEMED FACULTY**

### Jens R. Chapman, M.D. Course Co-Chair

Complex Spine Surgeon Swedish Neuroscience Institute Seattle, Washington

#### Amir Abdul-Jabbar, M.D.

Spine Surgeon Swedish Neuroscience Institute Seattle, Washington

#### David Gendelberg, M.D., FAAOS

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#### Ali H. Mesiwala, M.D., FAANS

Neurosurgeon Coastal Medical Group Newport Beach, Orange County

### Rod Oskouian, M.D. Course Co-Chair

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#### Ashraf El Naga, M.D., FAAOS

Assistant Professor, Spine Trauma & Problem Fractures
University of California, San Francisco
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### Christoph Hofstetter, M.D., Ph.D. Course Co-Chairman

Associate Professor of Neurological Surgery
University of Washington
Seattle, Washington

#### **Robert McGuire, M.D., FAAOS**

Professor of Orthopedic Surgery &
President of AO Foundation
The University of Mississippi Medical Center
Jackson, Mississippi

#### Wyatt Ramey, M.D.

Spine Surgeon Memorial Hermann Hospital, Mischer Neuroscience Associates Cypress, Texas