

12th Annual SSF Spine Masters Course Saturday, July 13, 2024

Hybrid Course

AGENDA

7 a.m. Registration & Breakfast

7:25 a.m. Welcome and Course Introduction Jens R. Chapman, M.D. and Rod J. Oskouian Jr., M.D.

SESSION 1: ROBOTICS

Moderated by Rod Oskouian, M.D.

7:30 a.m. What is the role of Robotics in spine surgery in the future, & what is my current practice?

Richard Chua, M.D.

Objectives:

- Summarize important lessons learned from difficult cases and career milestones
- Describe different definitions of success in Robotic surgery
- What's the role of Robotic surgery in the future?

7:45 a.m.	Robotics for	Deformity cases
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Roland Kent, M.D.

Objectives:

- Illustrate the use of Robotics in Deformity surgery
- Highlight important bone density assessment criteria
- Compare strategies for perioperative vs. intraoperative optimization for screw placement

8:00 a.m. What are the limits of Robotics in spine surgery

Martin Pham, M.D.

Objectives:

- Compare outcomes of Robotics vs. non-robotic surgery
- Evaluate the practical risk-benefit profile in robotic spine surgery vs. non-robotic surgery

8:15 a.m. Is there a role for Robotics for anything else besides screw placement?

Noojan Kazemi, M.D.

Objectives:

- Present data on Robotic surgery outcome in comparison to non-robotic cohorts
- Describe learning points and limitations of robotic surgery
- Compare indications for robotic surgery versus non-robotic surgery

8:30 a.m. Live Demonstration Broadcast from BioSkills Lab No. 1 **Sacroiliac Screw Placement for Deformity Surgery Using Robotics** Martin Pham, M.D. Moderator: Rod J. Oskouian Jr., M.D. **Objectives:** Demonstrate screw placement using robotics Outline tips and tricks for the prevention and management of dural tears 9:00 a.m. The Current and Future State of Robotics Kevin Foley, MD **Objectives:** Describe current evaluation of a patient for bone disease Outline current treatment modalities and how to develop algorithms to treat bone ٠ disease prior to surgery Identify the consequences of performing spinal deformity surgery on a spine with • osteoporosis 9:15 a.m. How I use a Robot in my Current Practice and the Limitations of Robotic surgery Andrew Manista, M.D. **Objectives:** Describe the robot and its current use in my practice Outline the current limitations of robotic surgery • Illustrate reimbursement and economics of robotics in spine surgery •

9:30 a.m. Session 1: Q&A

SESSION 2: DEFORMITY

Moderated by Jens R. Chapman, M.D.

9:35 a.m. MIS in Deformity Surgery - What are the risks, benefits and costs to society and the patient - is it worth it?

Michael Y. Wang, M.D.

Objectives:

- Outline the indications for MIS surgery
- Summarize indications and possible complications of MIS surgery
- Evaluate how to weigh potential complications vs anticipated benefit

9:50 a.m. Breakthroughs in Spinal Deformity Surgery

Vincent Arlet, M.D.

Objectives:

- Explain the perspective of spinal deformity surgery throughout the last 100 years
- Present insight to what we are heading to with advanced technology in the next decades

10:05 a.m. Breaks & Exhibits (not for CME credit)

10:20 a.m.	 Live Demonstration Broadcast from BioSkills Lab No. 2 Intradiscal Osteotomy with New Technologies Jens Chapman, M.D. Moderator: Rod Oskouian, M.D. Objectives: Describe approach and posterior fixation for poor bone quality Evaluate risk-benefit profile of posterior fixation in a patient with poor bone quality 	
10:50 a.m.	 What Are the Optimal Alignment Parameters in Adult Deformity Surgery? TBD Objectives: What's more important, pelvic alignment or sagittal balance? How do you measure sarcopenia? Demonstrate some illustrative cases in complications 	
11:05 a.m.	 Isthmic Spondylolisthesis, Anterior-Posterior Combined: What's Best and Why? Jason Savage, M.D. Objectives: Outline surgical considerations for isthmic spondylolisthesis Evaluate surgical approaches and indications for treatment of isthmic spondylolisthesis 	
11:20 a.m.	 Live Demonstration Broadcast from BioSkills Lab No. 3 Two Different Types of C1 Screw Placement Amir Abdul-Jabbar, M.D. Moderator: Rod Oskouian, M.D. Objectives: Demonstrate techniques for posterior construction in the cervical spine Outline the indications for posterior reconstruction vs. an anterior approach 	
11:50 a.m.	Pick Up Lunch, Break & Exhibits (not for CME credit)	
12:10 p.m.	 Challenges of Adult Deformity Surgery and Why Are we seeing so much PJK and PJF? TBD Objectives: Explain how understanding biomechanics can be a powerful tool in deformity correction Describe how fusion length in ASD correction is largely determined by coronal imbalance How to minimize PJF and PJK 	

12:25 p.m. Are We Too Focused on Sagittal Alignment in Deformity Surgery Instead of Looking at Other Factors, Such as Bone Density, Sarcopenia and Other Factors? Steve Glassman, M.D.

Objectives:

- Illustrate the optimal sagittal alignment
- Describe how to use bone density to minimize complications
- Explain how we assess and optimize fragile patients for surgery

12:40 p.m. Lessons Learned From the Most Challenging Cases in My Career

Lawrence Lenke, MD

Objectives:

- Review the complications associated with spine surgery
- When to use neuromonitoring
- Minimize complications and increase the chances of a good outcome

12:55 p.m. What's New in Spinal Deformity Surgery and How do we Minimize Complications Associated with deformity surgery?

Christopher Shaffrey, M.D.

Objectives:

- Identify the latest advancements in spinal deformity surgery, including surgical techniques, instrumentation and adjunctive therapies
- Identify strategies and techniques aimed at minimizing complications associated with spinal deformity surgery, such as neurological deficits, infection, and instrumentation failure
- Explore evidence-based approaches and best practices for preoperative planning in spinal deformity surgery

1:10 p.m. Session 2: Q&A

SESSION 3: SPINAL CORD AND NEURAL TISSUE DISORDERS

Moderated by Jens Chapman, M.D.

1:15 p.m. Spinal Cord Injury, looking backward and looking forward, what does the future hold?

Michael G. Fehlings, M.D., Ph.D.

Objectives:

- Explain what clinical syndromes occur most frequently following spinal cord injury
- Analyze effective integration of decompression strategies
- Is there a role for steroids in 2024

1:30 p.m. What's the Current State of the Art Management - Central Cord Syndrome

Michael Steinmitz, MD, PhD Objectives:

- Anterior vs. posterior
- Acute vs. delayed surgery
- How to minimize complications and optimize outcomes

Thoracolumbar Burst Fractures 1:45 p.m. TBD **Objectives:** Current State of the art management for burst fractures • • When to do corpectomy vs. posterior only • Timing of surgery Acute vs. delayed • 2:00 p.m. Live Demonstration Broadcast from BioSkills Lab No. 4 **Effective Anterior Approach to Thoracolumbar Reconstructive Surgery** Rod Oskouian, M.D. Moderator: Jens R. Chapman, M.D. **Objectives:** Assess technical tips and tricks for anterior surgery Present potential pitfalls and how to avoid them •

2:30 p.m. Current Management and State of the Art for OPLL with Myelopathy TBD Objectives:

- Describe etiology and clinical presentation of intracranial hypotension
- Characterize risk factors for intraoperative incidental durotomy
- Explain goals of intraoperative and post- management of durotomy
- **2:45 p.m.** Break & Exhibits (not for CME credit)

3:00 p.m. Spinal Cord Injuries: Evaluation, Initial Management, Surgical Timing and Considerations

Dan Resnik, M.D.

Objectives:

- Identify the key features of the ASIA Neurological Assessment tool
- Describe the pathophysiology of a spinal cord injury
- Outline the best treatment suggestions for an acute spinal cord injury
- Explain the benefit of early surgery

3:15 p.m.	 Management of Spinal Cord Injury: Where Have We Been? Where Are We Now? Where Are We Going? John Hurlbert, M.D. Objectives: Describe the current preferred treatments regarding blood pressure and general resuscitation for SCI patients Identify potential clinical adverse consequences of different management routes
3:30 p.m.	Live Demonstration Broadcast from BioSkills Lab No. 5 MIS Interbody Fusion Noojan Kazemi, M.D. Moderator: Amir Abdul-Jabbar, M.D. Objectives:

- Demonstrate a minimally-invasive interbody fusion
- Summarize the indications associated for MIS surgery
- Describe complications associated with MIS surgery

4:00 p.m. Session 3: Q&A

Moderated by Jens R. Chapman, MD

4:10 p.m. Course Wrap-Up

Jens R. Chapman, M.D. and Rod J. Oskouian Jr., M.D.

4:15 p.m. Adjourn

DISTINGUISHED FACULTY

Jens R. Chapman, M.D. Course Co-Chair

Complex Spine Surgeon Swedish Neuroscience Institute Seattle, Washington

Amir Abdul-Jabbar, M.D.

Orthopaedic Spine Surgeon Swedish Neuroscience Institute Seattle, Washington

Darrel Brodke, M.D.

Chair of the Department of Orthopaedics University of Utah Salt Lake City, Utah

Michael Fehlings, M.D., Ph.D.

Professor of Neurosurgery

University of Toronto Toronto, Canada

Steve Glassman, M.D.

Ortopaedic Spine Surgery

Northern Leatherman Spine

Louisville, Kentucky

Rod J. Oskouian, Jr., M.D. Course Co-Chair

Chief of Spine Director, Spine Fellowship Program Swedish Neuroscience Institute Seattle, Washington

Vincent Arlet, M.D.

Chair of Spine Surgery Perelman School of Medicine Philadelphia, Pennsylvania

Richard Chua, M.D.

Director, Minimally Invasive Spine Surgery & Spinal Robotics Banner Health Tucson, Arizona

Kevin Foley, M.D.

Professor of Neurosurgery, Orthopedic surgery, and Biomedical Engineering University of Tennessee Health Science Center Memphis, Tenessee

John Hurlbert, M.D., Ph.D.

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Noojan Kazemi, M.D.

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Lawrence Lenke, M.D.

Orthopaedic Spine Surgery Columbia University Irving Medical Center Columbia Orthopedics New York, New York

Martin Pham, M.D.

Neurosurgeon, Assistant Professor of Neurological Surgery University of California, San Diego San Diego, California

Roland Kent, M.D.

Spine Surgeon Axis Spine Center Coeur d' Alene, Idaho

Andrew Manista, M.D.

Orthopaedic Surgeon Olympia Orthopaedic Associates Olympia, Washington

Dan Resnik, M.D.

Professor, Vice Chairman, and Residency Program Director of Neurological Surgery University of Wisconsin School of Medicine and Public Health Madison, Wisconsin

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Jason Savage, M.D.

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Surgical Demonstrations Supported by Swedish Neuroscience Institute Spine Fellows